

Tuesday, January 10th @ 6:30 p.m.

Hello there!

Are you working to overcome OCD and want to have connection and support after treatment? Are you supporting a family member or friend with OCD?

The Beyond Treatment Network (BTN), created by OCD Wisconsin, provides a safe space for sharing, understanding and information. Not a lecture series, clinical intervention or therapy, through BTN you can share experiences and walk together down the sometimes challenging road of recovery.

Open Discussion Format

We start with a brief overview and introduction by the facilitators (one therapist and one person with lived experience), and let the conversation go from there. It's a time to support one another, ask questions, offer encouragement, or share experiences.

[Register Here](#)



Beyond

Treatment Network

This month's OCD expert

» Kelli Waldron, MS, LPC, CCTP

» Owner and therapist at Care & Compassion Counseling, LLC

Areas of interest include OCD, generalized anxiety, social anxiety, Post Traumatic Stress Disorder, and depression. Utilizes evidence based practices to treat OCD and other anxiety disorders with ERP, prolonged exposure for trauma work, and behavioral activation to treat depression. Self-compassion is a large component in treatment as well. Works with adolescents and adults.



Kelli Waldron, MS, LPC, CCTP

This educational series is provided by OCD Wisconsin. OCD Wisconsin seeks to raise understanding and reduce stigma, improve access to resources and support, offer hope and improve quality of life through awareness of effective OCD treatment and research. If you are in need of treatment. If you are in need of treatment, see resources and research. If you are in need of treatment, see resources at iocdf.org. If you are in crisis, the National Suicide Prevention Lifeline is available at 1-800-273-8255.



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